# **Pumpkin soup**



#### Difficulty:

Preparation time: 10minutes, Cooking time:

40minutes

Total time: 50minutes, Serving number: 4

 $\boldsymbol{0}$  Calories ,  $\boldsymbol{0}$  g Sugars ,  $\boldsymbol{0}$  g Fats ,  $\boldsymbol{0}$  g

**Proteins** 

Author: sefredaktor

**Url:** <a href="https://www.srecipes.eu/pumpkin-soup">https://www.srecipes.eu/pumpkin-soup</a>

### **Preparation**

Saute onions in butter, add garlic and diced pumpkin (Hokkaido kind may not deprive the skin, softens the cooking). Let the moment fry, pour water, bring to the boil. Mass Blend, pour in the cream and let simmer again.

### Tip for the Recipe

Serve with croutons buns, parsley and chives.

### Ingredients

- 100 g onion
- 1 piece garlic
- 500 g Hokkaido pumpkin
- 1 piece vegetable broth
- 200 ml sweet cream
- 1 piece butter
- 5 g parsley
- 5 g chive
- 1 piece baguette

## **Categories**

Japanese, Vegetarian, Vegetables, Food for every day, Soup

