Yogurt dressing

Difficulty:

Preparation time: 20minutes, Cooking time:

0minutes

Total time: 20minutes, Serving number: 1

O Calories, Og Sugars, Og Fats, Og

Proteins

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Url: https://www.srecipes.eu/yogurt-dressing

Preparation

In a bowl mix oil and vinegar to taste. Then add the mustard, stir again and finally mix in yogurt, seasoning and add dressing.

Ingredients

- 4 coffee spoons of white yogurt
- 2 coffee spoons of sunflower oil
- coffee spoon of vinegar
- · coffee spoon of full fat mustard
- little bit salt
- · little bit pepper

Categories

An ordinary day, Year-round, Inexpensive